



Riphah College of Rehabilitation and Allied Health Sciences (**RCRAHS**)

Service Rd, Block D Gulberg Green Campus, Islamabad

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Subject: Event Report–1st Rehab and Allied Symposia 5th July 2023

Riphah College of Rehabilitation and Allied Health Sciences organized 1st Rehab and Allied Symposia at Riphah International University, Gulberg Green Campus Islamabad.



Event Details:

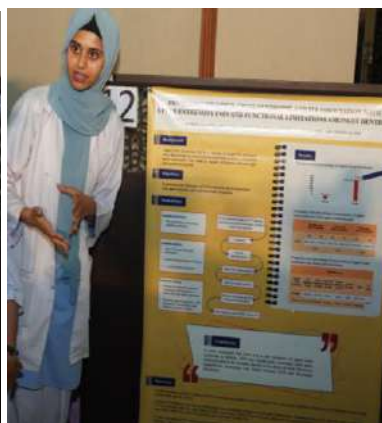
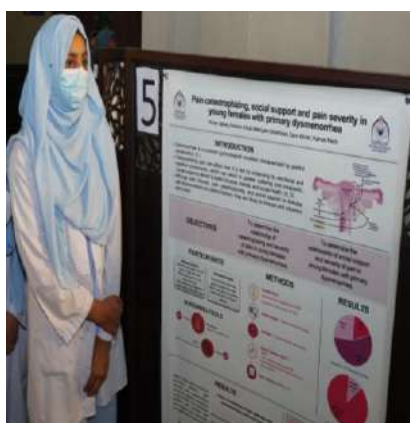
Event Title: 1st Rehab and Allied Symposia

Date: 5th July, 2023

Venue: Riphah International University, Gulberg Green Campus, Islamabad

Participants: DPT Students, Faculty Members, Guests

Introduction: The 1st Rehab and Allied Symposia was organized by the Department of Physical Therapy (DPT) at Riphah International University, Gulberg Green Campus Islamabad. Event was held on July 5, 2023. The symposia aimed to empower undergraduate research by providing a platform for DPT students to present their research through poster presentations. The event witnessed remarkable success, with the enthusiastic participation of 28 groups of DPT students.



Students presenting their Research Posters with great enthusiasm

Event Highlights:

Poster Presentations: The symposia featured 28 impressive poster presentations by DPT students, showcasing their research findings and highlighting the depth of their research capabilities. The diverse range of topics covered various areas within the field of physical therapy, demonstrating the students' breadth of knowledge and their commitment to advancing the field.

Keynote Speech:

The symposia were graced by the presence of the esteemed Dean of the Faculty of Rehabilitation and Allied Health Sciences (FRAHS), Prof Dr. Asghar Khan who delivered a thought-provoking keynote speech on the importance of undergraduate research. The keynote address served as an inspiration to the participants, emphasizing the significance of research in their academic and professional development.



Prof. Dr Asghar Khan delivering his keynote speech during the Symposium.

Guest of Honor: We were honored to have the Director of the campus, Dr. Sarwat Jamila as our esteemed Guest of Honor. Her presence and support further elevated the event and added to the motivation and enthusiasm of the participants.



Dr Sarwat Jamila, Director Campus delivering her golden words during the Symposia

Organizational Efforts: The Head of the Department of Physical Therapy, Dr. Huma Riaz played a pivotal role as the chief organizer of the event. Her dedication, leadership, and meticulous planning ensured the smooth execution of the symposia. The organizing committee, comprising faculty members who contributed significantly to the success of the event through their tireless efforts.



Outcomes and Impact: The 1st Rehab and Allied Symposia had several positive outcomes and impacts, including:

Encouragement of Undergraduate Research: The symposia provided a platform for DPT students to showcase their research and fostered a culture of undergraduate research within the department. It encouraged students to engage in scholarly activities, develop critical thinking skills, and pursue further studies in research-oriented fields. Students were awarded with cash prizes and certificates as a token of appreciation and for encouragement.



Knowledge Exchange: The event facilitated the exchange of knowledge, ideas, and experiences among participants. The poster presentations sparked insightful discussions and allowed participants to gain new perspectives on various topics within physical therapy.



Networking and Collaboration: The symposia provided a platform for students to interact with faculty members, professionals, and fellow students, fostering interdisciplinary collaborations and networking opportunities. The event facilitated the sharing of research interests, ideas, and potential collaborations among participants.



The event served as a catalyst for their academic and professional growth, instilling a sense of confidence and enthusiasm.

Future Recommendations: Based on the success of the 1st Rehab and Allied Symposia, the following recommendations are put forth for future events:

1. **Expand Participation:** Encourage more students from the DPT program to participate in the poster presentations, providing them with a broader opportunity to showcase their research.
2. **Diversify Research Areas:** Encourage students to explore diverse research areas within physical therapy and allied health sciences, broadening the scope of research topics presented in future symposia.

3. Promote Research Culture: Continue to promote a research-oriented culture within the department by organizing such informative and interactive forums for the students and professionals.

Dr. Huma Riaz

Associate Professor/Head of Department DPT Girls

[BS.PT](#), PP-DPT, PGD(PE&TM), PHD*(Rehabilitation Sciences)

Faculty of Rehabilitation & Allied Sciences (FRAHS)

Riphah International University Islamabad

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Photo Gallery:















EVENT REPORT

2nd Rehab and Allied Symposia

E-poster Competition

“Empowering Undergraduate Research”



RESEARCH THEMES

Sports PT
Women Health PT
Cardiopulmonary PT
Neuromusculoskeletal PT
Advancements in PT Practice

17TH JANUARY 2024

International Jury



Prof. Dr Lori Maria Walton
University of Scranton, USA



Dr Francesco Vincenzo Ferraro
University of Derby, UK



Hina Tariq
University of Bournemouth, UK

CHIEF ORGANIZER

Assoc. Prof. Dr Huma Riaz
HOD, DPT (G), FRAHS



SCIENTIFIC COMMITTEE CHAIRS



Prof. Dr Asghar Khan
Dean FRAHS, RIU, ISB
Chair 1st Scientific session



Prof. Dr Arshad Nawaz Malik
Principal, FRAHS, RIU, ISB
Chair 2nd Scientific session



Prof. Dr Qamar Mehmood
Chair 3rd Scientific session



Riphah International University , Gulberg Greens Campus, ISB.

2nd Rehab and Allied Symposia 17th January 2024

The 2nd Research Symposia, hosted by the Department of Physical Therapy (DPT) at Riphah International University (Gulberg Green Campus Islamabad), featured 29 e-posters showcasing the research endeavors of undergraduate students. This interactive platform was held on 17 January 2024, which not only facilitated knowledge exchange but also enriched the academic experience for the participating undergraduate students, fostering a collaborative environment for the dissemination of their research insights.

Outcomes and Impact:

The 2nd Rehab and Allied Symposia had numerous positive outcomes and impact, that included:

- Recognizing and celebrating outstanding research achievements.
- Encouraging a spirit of inquiry among undergraduates.
- Providing a platform for research presentation.
- Fostering interdisciplinary collaborations.

Chief Guest

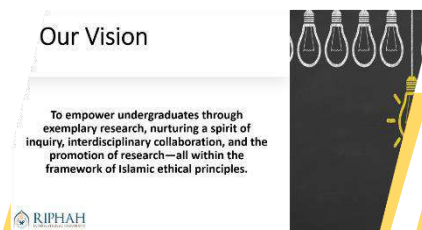
We were honored to hear the worthy remarks of Prof. Dr. Anis Ahmed (Vice Chancellor, Riphah International University). He was proud to announce this event to be the culmination of his dream of providing students with the best platform for innovation and research. He further added that doing sound research in a judicious manner was exactly in line with the teachings of Islam.



Event Highlights:

Chief organizer Presentation

The chief organizer of the event Dr Huma Riaz HOD DPT presented a summary of the event along with the mission and vision behind organizing e-poster presentation for undergraduate students. She shared the long journey taken by students to reach this point and appreciated the efforts of students and hoped this could be a start of a new tradition to empower undergraduate research.



Presentation by Chief Organizer



*Chief Organizer
Dr Huma Riaz
Head of Department DPT*

Scientific Sessions

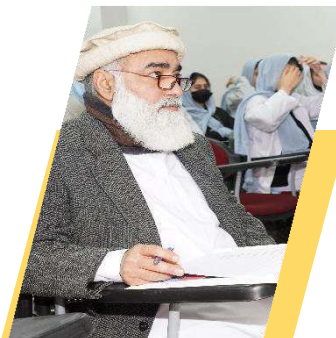
The symposia consisted of three scientific sessions chaired by our esteemed Dean Prof. Dr. Asghar Khan, Principal FRAHS Prof. Dr. Arshad Nawaz and Prof. Dr. Qamar Mehmood. They appreciated this initiative of empowering undergrad research endeavors as well as provided valuable feedback to each group.



Session-I Chair
Prof. Dr. Asghar Khan
Dean FRAHS, RIU, ISB



Session-II Chair
Prof. Dr. Arshad Nawaz
Principal FRAHS, RIU, ISB



Session-III Chair
Prof. Dr. Qamar Mehmood,
FRAHS, RIU, ISB

International Jury

The international jury consisted of three collaborators Dr Lori Maria Walton from University of Scranton, Dr Francesco Vincenzo Ferrero from University of Derby, UK as well as a proud Riphah Alumni Dr Hina Tariq from University of Bournemouth, UK. They analyzed each e-poster critically and provided valuable insights to each research group.



Prof. Dr. Lori Walton
University of Scranton,
Pennsylvania, USA



Dr. Francesco Ferraro
University of Derby,
UK



Dr. Hina Tariq
University of
Bournemouth, UK

Guests of Honor



Dr. Sarwat Jamila
Director campus, GGC



Prof. Dr. Rahila Yasmeen
Dean RARE

The event was graced by the presence of our revered guests of honour Prof. Dr. Rahila Yasmeen (Dean RARE) and Dr. Sarwat Jamila (Director campus, GGC). Their presence inspired and motivated the students.

E-Poster Presentations

The symposia comprised 29 exemplary e-poster presentations by DPT students, elucidating their research findings and underscoring the depth of their investigative prowess. Encompassing a diverse array of topics within the domain of physical therapy, the presentations not only showcased the students' extensive knowledge but also reflected their unwavering dedication to the advancement of the field.



Organizational Efforts

Dr. Huma Riaz, Head of the Doctor of Physical Therapy program, served as the key organizer, demonstrating pivotal leadership in orchestrating the symposia. Her dedication and meticulous planning were instrumental in ensuring the seamless execution of the event. The organizing committee, comprised of faculty members, played a substantial role through their tireless efforts, significantly contributing to the event's success.



Organizing committee 2nd Research Symposia

Foresight



Gallery



3rd research symposia REPORT ON E-POSTER COMPETITION 2024

Opening Session: The E-Poster Competition 2024 commenced with an opening session led by Dr. Abrish Habib Abbasi, who welcomed the attendees and highlighted the significance of the event in celebrating innovation and excellence in the field of Rehabilitation. The session began with a recitation from the Quran followed by the National Anthem, showing respect and honor to the nation. Dr. Abrish emphasized the importance of research in facilitating global connectivity and knowledge exchange, setting the stage for an enriching academic experience.



Introduction of Key Figures

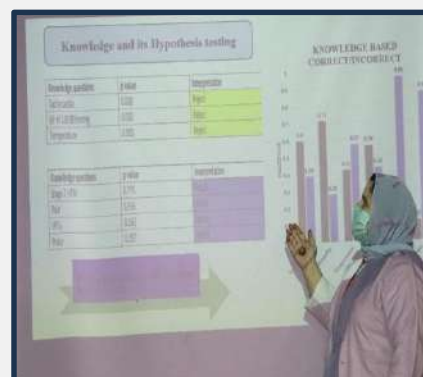
Dr. Huma Riaz, the Chief Organizer of the event, was acknowledged for her visionary approach in fostering academic exchange and creating platforms for collaboration and knowledge expansion. She was praised for her commitment to enhancing meaningful academic interactions.



Dr. Kainaat Shahid, an esteemed alumna of Riphah International University, was recognized for her outstanding achievements and contributions to her field, serving as an inspiration to current students. Her educational journey and remarkable accomplishments were highlighted, showcasing her dedication to learning and research.



Scientific Session: Following the introductions, the event transitioned into the Scientific Session where students' E-Posters were displayed, demonstrating their hard work, dedication, and innovative ideas. The Thesis Defense was also conducted concurrently in a separate room, ensuring a comprehensive academic experience for participants.



Closing Session: In the closing session, the focus shifted towards acknowledging the students' efforts and achievements in presenting their poster presentations.

Awards and Recognition: The event culminated with the announcement of winners for the best poster, first runner-up, and second runner-up awards, recognizing the creativity and talent displayed by the participants.



The dedication of the organizers, faculty members, and participants was acknowledged through the distribution of certificates, underscoring their pivotal role in the success of the event.



Concluding Remarks: Prof. Dr. Arshad Nawaz Malik, the Principal of the Faculty of Rehab & Allied Health Sciences, shared his insights and concluding remarks, emphasizing the importance of research advancement and the significance of such scholarly gatherings.



The event was concluded by Prof. Dr. Huma Riaz, the Chief Organizer, who expressed gratitude to all participants, guests, supervisors, and the organizing team for their hard work and dedication.



Overall Summary: The E-Poster Competition 2024 was a resounding success, showcasing the talent, dedication, and commitment of the students, faculty members, and organizers involved. The event not only celebrated academic excellence but also promoted collaboration, innovation, and knowledge exchange in the field of Rehabilitation, making it a memorable and enriching experience for all participants.



PHOTO GALLERY



4TH

REHAB & ALLIED SYMPOSIUM

"EMPOWERING UNDERGRADUATE STUDENTS"





14TH – 16TH

MAY, 2025

OBJECTIVES:

- Recognize the outstanding undergrad students' research achievements
- Encourage a spirit of inquiry and scholarly pursuit
- Provide a platform for students to present innovative research projects
- Foster interdisciplinary collaborations and networking opportunities
- Promote the importance of research with community impact



RESEARCH THEMES:

- Physical Therapy
- Speech & Language Pathology
- Medical Laboratory Technology
- Human Nutrition & Dietetics

PROJECT AWARDS:

- Best Poster Presenter Award.
- Cash Prize and certificates for students.



Riphaah International University Gulberg Green, Islamabad

Riphaah International University Al-Mizan Campus, Rawalpindi

Event Report

4th Rehab & Allied Health Symposia

Empowering Undergraduate Research

The 4th Rehab and Allied Health Sciences (RAS) Symposia was a three-day academic event organized by the Faculty of Rehabilitation and Allied Health Sciences (FRAHS), encompassing the departments of DPT, SLP, and MLT, held from 14th to 16th May 2025, this research-focused gathering aimed to empower undergraduate students through scholarly exchange and academic excellence.

Objectives

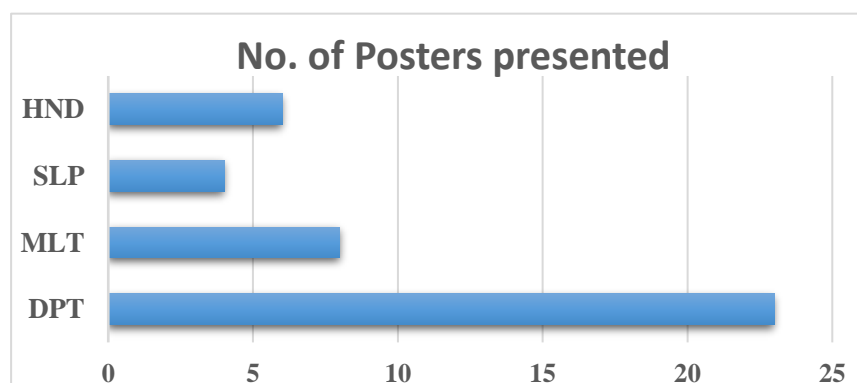
- Promote a culture of undergraduate research
- Provide a platform for students to showcase and present their research work
- Foster interdisciplinary collaboration and academic dialogue
- Encourage mentorship and feedback through professional jury evaluation

National Collaborations

The event attracted jury members from prominent national institutions, including:

- Quaid-e-Azam University
- Shifa Tameer-e-Millat University
- Ibadat International University
- National Institute of Rehabilitation Medicine
- Margalla Institute of Health Sciences

Notably, **FRAHS alumni** from some of these prestigious institutions served as **jury members**, demonstrating the strong academic legacy and professional influence of Riphah graduates.



Event Overview

Day 1 – 14th May 2025 (Gulberg Green Campus)

The event commenced with an opening ceremony that marked the beginning of a significant academic gathering. Esteemed faculty members **Prof. Dr. Arshad Nawaz Malik, Prof. Dr. Huma Riaz, and Prof. Dr. Qamar** delivered insightful opening speeches, setting an inspiring tone for the proceedings. The presence of the Guest of Honor, Dr. Sarwat Jamila, Director of the Campus, underscored the institutional support and commitment to academic excellence.

DPT students from the Girls Campus presented their research through poster presentations, demonstrating their dedication to advancing knowledge in physical therapy. The poster presentations were evaluated by distinguished alumni, Dr. Fauzia Batool from Shifa Tameer-e-Millat University and Dr. Misbah Ghous from Margalla Institute of Health Sciences, whose expertise provided valuable feedback to the students.

Day 2 – 15th May 2025 (Gulberg Green Campus)

The closing ceremony featured a series of poster presentations by students from various departments, including SLP, MLT, and HND. **Respected Vice Chancellor, Prof. Dr. Anis Ahmed**, graced the ceremony and highlighted the significance of undergrad research and guided future prospects of inviting other campuses. **Prof. Dr. Asghar Khan**, Dean FRAHS, also addressed the attendees, highlighting the significance of interdisciplinary collaboration in healthcare education. Cash prizes were awarded to the top presenters by **Dr. Kousar Firdous**, recognizing their outstanding contributions and encouraging continued excellence in research and practice.

Day 3 – 16th May 2025 (Al-Mizan Campus)

The 3rd day was organized at Al-Mizan Campus by **Prof. Dr. Waseem** on May 16, 2025. Research posters were presented by DPT and MLT students. The presentations were evaluated by Dr. Zia Ur Rehman from Khyber Medical University (KMU), Swabi and Dr. Ehab Azim from Fauji Foundation University, who provided valuable feedback to the participants.

Cash prizes were awarded to the top presenters, recognising their outstanding contributions. The event acknowledged the support from the IIMCT leadership, HODs from the GGC, and the organizing team led by Dr. Affan, Dr. Attiq, Dr. Kainat, Dr. Fakhrul Hassan, among others.

Prof. Dr. Asghar Khan, proposed expanding the event to a university-wide scale in future iterations. Additionally, Dr. Fakhrul Hassan delivered a brief keynote address emphasising the value of student research in academic and professional development.

1st Day Highlights



Guest of Honor: Prof. Dr Qamar Mahmood



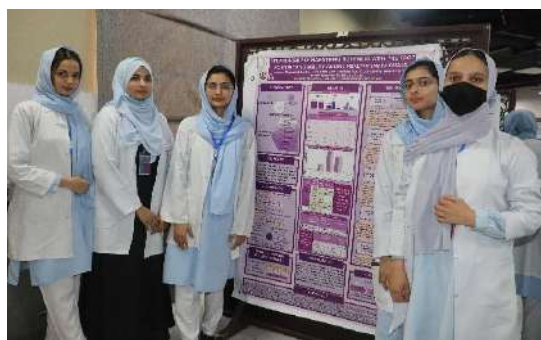
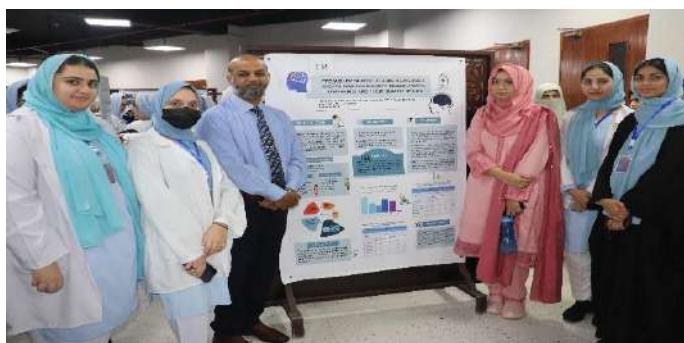
Guest of Honor: Prof. Dr Arshad Nawaz



Guest of Honor Dr Sarwat Jamila, Director Campus



Chief Organizer: Prof. Dr. Huma Riaz (HOD DPT)



2st Day Highlights



Prof. Dr Asghar Khan delivering his keynote speech during the Symposium.



Prof. Dr Anis Amed delivering his keynote speech during the Symposium.



Award Ceremony





3rd Day Highlights

